

## Adult Programs (Continued)

### History of the English Language, Part III

**Tuesday, June 13 7:00 – 8:30 pm**

Historian Jim Glenn concludes this series by examining historical events and immigrant groups who have built our nation and our version of English. Historical influences include riverboats, railroads, pioneers, gold rushes, cowboys, Indians, Buffalo Bill's Wild West Show, Mark Twain, Zane Grey, movies, two world wars, television, and the Internet.

### Plant-Based at Every Meal

**Tuesday, June 20 6:30 – 8:45 pm**

A plant-based diet is beneficial for promoting health and helping to prevent diabetes, cardiovascular disease, and cancer. Chef Kate of ZENutrition will discuss healthy alternatives to animal products and teach three meals, each featuring a different plant protein source: veggie tofu scramble, curried tempeh salad, and lentil tacos. Come for fun and samples!



### Know the 10 Signs: Early Detection Matters

**Thursday, June 29 6:30 – 8:00 pm**

If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies, and plan for the future. This interactive workshop features video clips of people living with Alzheimer's disease, addresses the ten warning signs, and covers what to do if you observe them in yourself or someone you know.



### Construction Bingo

**John F. Kennedy, Jr. Library**

**Thursday, July 6 4:00 – 6:00 pm**

**Caroline Kennedy Library**

**Thursday, July 20 6:00 – 8:00 pm**

Patrons of all ages are invited to play bingo for fun and prizes. Children younger than 7 must be accompanied by an adult.



### Improving Your Pet's Environment

**Tuesday, July 11 7:00 – 8:30 pm**

Learn how to reduce toxins in your home for the health of your pet and yourself. Dr. Jill Tack, owner of The Pet Beastro, will give you tips on where to find toxins in your home, how to replace toxic products with natural options, and how to support your pets if they have been exposed to toxins.



### Tai Chi for Everyone

**Wednesday, July 12 7:30 – 8:30 pm**

Tai chi can be used to reduce stress, increase flexibility, reduce the risk of falls, and improve muscle strength and balance. Instructor Hildegard Neumann will introduce you to this gentle martial art by explaining the history, reviewing the different styles, and leading the class in basic moves.



### Conquer Your Paperwork Mountain

**Tuesday, July 18 6:30 – 8:30 pm**

Does your paperwork seem to multiply and become a mountain very quickly? Is your growing collection of paperwork causing stress and anxiety? Professional organizer Soo Porter will offer tips and suggestions to help you gain control over your paperwork mountain.

## Notes from the Director

Hello, Dearborn Heights. As we move into the summer months, Dearborn Heights Libraries have a slate of activities and programs planned to help make the season a warm relief from the bitter winter. Come and check out our Summer Reading Program for all ages and enjoy the new projector in our program room. We will have some new furniture and carpet in the months ahead. Thanks for your attention and support, and see you at the library!

—Michael McCaffery

## Adult Programs (Continued)

### Yoga

**@ John F. Kennedy, Jr. Library**

**Wednesday, July 19 6:00 – 8:00 pm**

Natalie Cooper from Summit on the Park will discuss and demonstrate the importance of proper posture and breathing while doing yoga, and then lead the class in a yoga session. Please bring a mat or towel if you plan to participate. Registration required, 313-791-6050.



### Jackson: History and Hard Times in Michigan's First State Prison

**Tuesday, August 1 7:00 – 8:30 pm**

Learn how and why Jackson, Michigan won the battle to have Michigan's first state prison; how the prison became the largest walled prison in the world; how the prison turned a small village of 300 people into a large, thriving industrial city; and other interesting fun facts about the prison.

### Christmas Eve in July Bingo

**@ John F. Kennedy, Jr. Library**

**Monday, July 24 4:00 – 6:00 pm**

Patrons of all ages are invited to play bingo for fun and prizes. Children under age 7 must be accompanied by an adult.

## Thanks to . . .

- **The Dearborn Heights Garden Club** for a donation to purchase gardening books.
- **The Friends of the Library** for a new projector and benches at Caroline Kennedy Library and LED lights for the parking lot at John F. Kennedy, Jr. Library.
- **The Crestwood National Honor Society** for assisting with the Friends' book sale.

## Dearborn Heights City Libraries



### Caroline Kennedy Library

24590 George St.  
Dearborn Heights, MI 48127  
Phone: 313-791-3800 • Fax: 313-791-3801  
The library is located four blocks west of Telegraph and two blocks north of Ford Rd.

#### Caroline Kennedy Hours

Monday - Thursday: 10:00 am - 9:00 pm  
Friday - Saturday: 10:00 am - 5:00 pm  
Sunday: 12:00 pm - 5:00 pm

Library Website: [www.dhcl.michlibrary.org](http://www.dhcl.michlibrary.org)

Online Catalog: [tln.ent.sirsi.net/client/en\\_US/tln/](http://tln.ent.sirsi.net/client/en_US/tln/)



### John F. Kennedy, Jr. Library

24602 Van Born Rd.  
Dearborn Heights, MI 48125  
Phone: 313-791-6050 • Fax: 313-791-6051  
The library is located west of Telegraph and east of Beech Daly.

#### John F. Kennedy, Jr. Hours

Monday - Thursday: 12:00 pm - 8:00 pm  
Friday - Saturday: 12:00 pm - 5:00 pm  
Sunday - Closed

# HEIGHTS Highlights

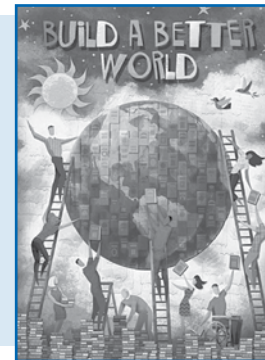


DEARBORN HEIGHTS CITY LIBRARIES

May - July 2017

Dan Paletko, Mayor

Michael McCaffery, Director



## Summer Reading Start-up Parties

**Caroline Kennedy Library**

**Friday, June 30 1:00 – 3:00 pm**

**John F. Kennedy, Jr. Library**

**Saturday, July 1 1:00 – 3:00 pm**

*Build a Better World*, our Summer Reading Program for all ages, begins with parties. We will have games, treats, and crafts. Children, teens, and adults can register and learn how to earn rewards. The program continues through August 12.

## Michigan Rediscovered

**Thursday, May 18 7:00 – 8:30 pm**

Traveler extraordinaire Ron Rademacher will showcase a dozen Michigan travel destinations that most folks have overlooked.

Discover the underground rathskeller in the Irish Hills, the gravity mystery in Frankfort, Lady Godiva, the monarch butterfly migration, and much more. Start planning your summer getaways!



## Cupcake Wars!

**John F. Kennedy, Jr. Library**

**Wednesday, July 12 5:00 – 7:00 pm**

**Caroline Kennedy Library**

**Saturday, July 15 2:30 – 4:30 pm**

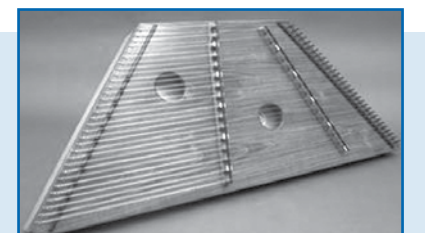
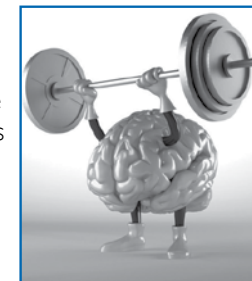
Children and adults can decorate a cupcake in any way they wish. Children under 8 must be accompanied by an adult. Registration required by June 24, 313-791-6050 (JFK) or 313-791-3800 (CK).



## Healthy Living for Your Brain and Body

**Tuesday, June 6 6:30 – 8:00 pm**

For centuries we've known that the health of the brain and body are connected. Studies have shown that proper brain and heart health can contribute to the possible risk reduction of diseases and can ultimately lead to a longer and healthier life. Join us to learn how to develop habits for living a healthy lifestyle and about research in the areas of diet, exercise, cognitive activity, and social engagement.



## Strings & Things

**@ John F. Kennedy, Jr. Library**

**Saturday, July 29 3:00 – 5:00 pm**

Bring your whole family to enjoy live music by Strings & Things.



Find us on **FACEBOOK**

Follow us on Facebook for event postings.

## Library Closings

May 28 - 29 for Memorial Day

July 4 for Independence Day

Learn English or a foreign language for free using the online resource Mango Languages, available 24/7 from the DHCL website, [www.dhcl.michlibrary.org](http://www.dhcl.michlibrary.org). Click on Electronic Resources, and then on Mango Languages.

# Youth Programs

All programs are at Caroline Kennedy Library unless noted otherwise.

## Toddler Story Time

**Every Thursday 10:30 am**  
These programs are intended for children aged 2 or 3 but all ages are welcome. Children and their caregivers enjoy simple stories, music, and crafts.

## Children's Story Hour

**@ John F. Kennedy, Jr. Library  
Thursdays 1:00 - 1:45 pm  
May 4 - June 1**  
These programs are meant for children aged 2 - 6, but other ages are welcome. We offer simple stories, music, crafts, and fun for little ones and their caregivers.

## Family Movie Night

Family movies are scheduled once each month with showings at 4:00 and 6:30 pm. Movies are rated G or PG. Members of the Teen Advisory Board sell treats to benefit the library.  
**May 30 June 27 July 25**



## Lego Party

**@ John F. Kennedy, Jr. Library  
Friday, July 7 1:00 - 5:00 pm**  
Children ages 4 - 17 are invited to construct with Legos, Lincoln Logs, and K'nex. Donations of toy building materials are appreciated.

## World Builders' Camp

**Wednesday, July 12 - Friday, July 14  
2:00 - 5:00 pm**  
Bethany Calderona returns with another fun, 3-day program intended for kids in the elementary grades. Younger children are welcome, but should be accompanied by someone who can assist them with projects. We'll learn about our wonderful world with many crafts and activities. Registration required, 313-791-3800. Children should plan to attend all three sessions.

## Marble Painting

**@ John F. Kennedy, Jr. Library  
Monday, July 17 4:00 - 5:00 pm**  
Create fantastic art works by painting with marbles. All ages are welcome, but children under age 5 must be accompanied by an adult.

## Special Story Time with Author Ann Ingalls

**Thursday, July 20 10:30 am**  
We will welcome Ann Ingalls as a guest storyteller. Ms. Ingalls grew up in Dearborn and is an established author of books for children, including *Ice Cream Soup* and *Biggety Bat*. We'll hear some of her stories along with the usual story time activities.



## Summer Fun Craft Day

**@ John F. Kennedy, Jr. Library  
Friday, July 21 1:00- 3:00 pm**  
Come and join the fun with a variety of crafts. Intended for children aged 3 - 12, but other ages are welcome.

## Better World Building Fun

**Friday, July 21 1:00 - 3:00 pm**  
Children and teens are invited to have fun building things using Jenga blocks and playing cards.

## Winter in July

### "Skating" and "Sledding"

**Tuesday, July 25  
Caroline Kennedy Library  
12:30 - 1:30 pm  
John F. Kennedy, Jr. Library  
2:00 - 3:00 pm**

In the midst of summer, children of all ages can simulate the fun of ice skating and sledding.



### Santa and Snow

**Wednesday, July 26  
Caroline Kennedy Library  
Snow at 12:00 pm, Santa at 1:00 pm  
John F. Kennedy, Jr. Library  
Santa at 2:30 pm, Snow at 3:30 pm**

Santa will be at the libraries wearing his summertime clothing. He'll have some stories for us and will have time afterward to talk with children individually. Bring your camera for some fun photos! We will also have real snow for outdoor fun!

### Gingerbread Houses

**Friday, July 28 12:30 - 3:00 pm**  
Children and teens can use halal candy, crackers, pretzels, and icing to make fantastic creations.

# Teen Programs

All programs are at Caroline Kennedy Library unless noted otherwise.

## TAB: Teen Advisory Board

The Teen Advisory Board meets monthly on Thursdays from 5:00 - 6:00 pm to discuss issues pertaining to the library. Teens can make recommendations for library purchases and programs. New members ages 10 - 17 are welcome.

**May 25 June 29 July 27**

## Teen Craft Nights

Join us on the first Wednesday of the month from 6:00 - 7:00 pm for fun crafts for youth ages 10 - 17.  
**May 3 June 7 July 5**

## Teen Movie Nights

Join us for great movies, shown once a month on Thursdays. The show starts at 6:00 pm, with the movies generally rated PG-13. Young people ages 13 and up are welcome, and 11 and 12 year-olds may attend with the permission of a parent or guardian. The Teen Advisory Board will sell treats to support the library.

**May 25 Star Wars: Rogue One  
June 29 Mean Girls  
July 27 Kong: Skull Island**

## Monumental Trivia Challenge

**June 29 - August 23**  
Go to John F. Kennedy, Jr. Library's Facebook page every Thursday to see the weekly trivia question. The first contestant to get the correct answer will be that week's prize winner. For ages 13 - 18.

## Teen Food Craft

**Tuesday, July 11  
12:30 - 2:00 pm and 3:00 - 4:30 pm**  
Teens aged 11 - 17 are invited to create edible "cereal killer" bars with halal ingredients.

## Relaxation Craft

**Wednesday, July 19  
4:00 - 5:00 pm and 6:30 - 7:30 pm**  
Is the heat of summer stressing you out? Join us in our air conditioned program room for a relaxing craft. We will listen to soothing music and color relaxing mandalas in order to beat the heat and stress of summertime. Ages 10 - 17 are welcome.

## "Whose Line Is It Anyway?"

**Wednesdays, 5:00 - 6:30 pm  
July 19, July 26, August 2, and August 9  
Performance on August 9 at 7:00 pm**  
Are you interested in theater? Acting? Improv? This program will be a once a week meeting for middle and high school students to participate in improvisational comedy. Led by Bethany Calderona, these events are packed with activities that even a shy person can enjoy! Participants produce a show for family and friends on the final day. Registration required, 313-791-3800.

## Be One of Mr. Jim's Minions!

We are seeking volunteers to help with the Summer Reading Program. Adolescents who will be in grades 6 - 12 this autumn can earn points for the Teen Summer Reading Program and fulfill community service requirements. To help at the John F. Kennedy, Jr. Library, email Carolyn Smith at [cssmith@ci.dearborn-heights.mi.us](mailto:cssmith@ci.dearborn-heights.mi.us). To help at Caroline Kennedy Library, email Mr. Jim at [jmoir@ci.dearborn-heights.mi.us](mailto:jmoir@ci.dearborn-heights.mi.us).



## Computer Classes

These free classes will be at Caroline Kennedy Library. Registration required, 313-791-3800.

### Individual Computer Help

**Session 1: Saturday, May 13 10:00 am - 1:00 pm  
Session 2: Saturday, June 10 10:00 am - 1:00 pm  
Session 3: Saturday, July 22 10:00 am - 1:00 pm**  
Sign up for a half hour time slot for one-on-one instruction.

### Intermediate Microsoft Word

**Monday, May 22 6:30 - 8:00 pm**  
Learn to add tables, headers, and footers; insert symbols; and use other commands to enhance a document.

### Microsoft PowerPoint

**Monday, June 19 6:30 - 8:00 pm**  
Learn to create full-featured presentations and memorable slide shows.

### Microsoft Excel

**Monday, July 24 6:30 - 8:00 pm**  
Students will learn the basics of a spreadsheet program to create a personal budget.

# Adult Programs

All programs are at Caroline Kennedy Library unless noted otherwise.  
Attendance at Library events constitutes consent to be photographed for use in print and/or electronic publicity for the Dearborn Heights City Libraries.

## Mystery Book Club

**Tuesday, May 2 2:30 pm**  
This month readers are invited to share their favorite mysteries.

## Create-A-Card Party for our Troops

**@ John F. Kennedy, Jr. Library  
Thursdays, May 4 and June 1  
4:00 - 7:00 pm**  
People of all ages are invited to decorate and inscribe cards to send to our troops.

## Art from the Heart Painting Class

**@ John F. Kennedy, Jr. Library  
Saturday, May 6 1:00 - 3:00 pm**  
Follow the instructor in painting with acrylics to create your own work of art. All materials will be provided. Space limited and registration required, 313-791-6050.



## History of the English Language, Part II

**Tuesday, May 9 7:00 - 8:30 pm**  
Historian Jim Glenn continues this series by covering the development of English from the early Renaissance through the time of Shakespeare, the King James Bible, and Samuel Johnson. Special attention is given to the spread of English around the world and the beginnings of the American English.

## General Book Discussion: Grunt

**Thursday, May 11 7:00 pm**  
Join us for a discussion of *Grunt* by Mary Roach.



## Amateur Radio Class

**Saturdays, May 13 - July 22  
10:00 am - 12:00 pm**  
The series will introduce students of all ages to the exciting and expanding world of amateur radio and to Morse code. The

course is free and includes use of an online text with explanations and demonstrations by experts. This class will prepare students to pass the Technician Class FCC radio license exam. Registration required, 313-791-3800.

## Essential Oils for Pets

**Tuesday, May 23 7:00 - 8:30 pm**  
Leslie Cirinesi will discuss the benefits of essential oils for pets. Learn which essential oils work well for helping your pet cope with anxiety, allergies, ear issues and other situations and can benefit you, the owner, as well.



## History of Dearborn Township

**Wednesday, May 31 7:00 - 8:30 pm**  
Andrew Kercher of the Dearborn Historical Museum will give a presentation of the history of Dearborn Township, including early settlement, the economic importance of the Rouge River and Ann Arbor Trail, the Detroit Arsenal, Coon's Mill, the Military Inn and the Gully farm. Learn about the annexation vote and the incorporation of Dearborn Heights.

## Animal Adoption

**Saturday, June 3 12:00 - 3:00 pm**  
A Better Place Animal Rescue and Lake Erie Metro Animal Rescue will have cats and dogs for adoption outside the library. They will also have a bake sale and raffle to benefit their rescue groups.



## Movies

Wednesday	May 10	6:30 pm	Fences
Tuesday	May 16	1:00 pm	Remember
Wednesday	June 14	6:30 pm	The Founder
Tuesday	June 20	1:00 pm	Vertigo
Tuesday	July 11	1:00 pm	Larceny, Inc.



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